

NEW MEXICO MI VIA SELF-DIRECTED WAIVER PROGRAM TIP SHEET

What is the Mi Via Self-Directed Waiver?

This is a state Medicaid Waiver program that helps people with disabilities to choose to direct their own waiver services and allows greater flexibility to use non-traditional supports in order to meet needs that are directly related to their health and safety. Someone receiving Mi Via services is known as a *Participant*. With assistance from a *Consultant*, Participants develop their own Service and Support Plan (SSP) and Plan Budget to meet their functional, medical, and social needs.

Who is eligible for the Mi Via Self-Directed Waiver?

To receive services through the Mi Via Self-Directed Waiver, an individual must be receiving waiver services, or receive a notice of allocation from the Developmental Disability (DD) Waiver or Medically Fragile Waiver. Applicants must meet specific medical and financial eligibility requirements set by Medicaid.

To Apply

Anyone currently receiving services through the Developmental Disabilities Waiver or Medically Fragile Waiver can change to the Mi Via Self-Directed Waiver. They may request a *Waiver Change Form* from their current waiver program. If someone has applied and received a notice of “allocation,” they may choose the Mi Via Self-Directed Waiver at that time.

What happens once a person selects the Mi Via Self-Directed Waiver?

The Participant is contacted by the consultant agency he/she has chosen to schedule an enrollment meeting and a planning meeting to begin development of their Service and Support Plan (SSP) and budget. The SSP identifies the Participant’s needs and strengths. The budget describes in detail the items and services the Participant wants to acquire with available funding. Once developed, the plan and budget are submitted to the Third Party Assessor (TPA) for approval. Once the SSP and budget are approved, the Participant makes arrangements to purchase the goods and services identified on their SSP and budget.

Remember:

- For details and forms regarding Mi Via Self-Directed Waiver, visit the website: www.mivianm.org
- Mi Via Self Directed Waiver Participants have a fiscal management agent (FMA), Xerox, to assist them with hiring employees and paying vendors. Xerox will process time-sheets and take care of employer-related requirements such as employer taxes. They also pay the people a Participant hires and cut checks to stores where a Participants chooses to purchase goods and services.

Download this and other Tip Sheets at <http://www.cdd.unm.edu/infonet/publications/>

**For additional disability related information or resources contact:
Center for Development and Disability Information Network
1-800-552-8195 or 505-272-8549**

Services & Supports in Mi Via include, but are not limited to:

Living Supports:

- Homemaker
- Home Health Aide
- Assisted Living

Community Membership:

- Navigation
- Employment Support
- Job Developer

Health & Wellness:

- PT, OT, SLP
- Behavior consultation
- Nutritional counseling
- Alternative Medicine e.g. Acupuncture, Hippotherapy

Other Supports:

- Respite / Respite RN
- Emergency Response
- Transportation
- Technology/Safety & Independence
- Household related

Contact a Mi Via Consultant for more information.

Mi Via Phone Numbers

General Information:

**505-841-5511 or
505-841-2917**

Mi Via Liaisons:

Medically Fragile Waiver: 505-841-2913
 Metro: 505-841-5503
 NE Region: 575-758-5934
 NW Region: 505-863-4978 or 505-326-5864
 SE Region: 575-624-6100
 SW Region: 575-528-5180

Fiscal Management Agent (FMA) - Xerox

866-916-0310

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